

A Higher Level

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/01/2011																
East Whittier Elem Lunch FB	Total	100														
Grilled Cheese Sandwich	1 each	100	380	70	990	1.00	1.80	350.0	750	150	0.0	18.0	29.0	21.0	12.00	0.00
Green Beans	1/4 cup	100	7	0	70	0.60	0.30	9.0	147	7	1.6	0.39	1.52	0.03	0.01	0.00
Strawberry Cup	1 each	100	122	0	4	2.40	0.75	14.0	31	1	52.8	0.68	33.05	0.17	0.01	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	53	0	180	0.67	0.48	13.3	0	0	0.0	1.33	8.67	1.0	0.00	0.00
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			770	85	1395	8.26	3.56	728.8	1488	264	64.09	30.75	111.41	24.95	13.58	*0.00
% of Calories												16.0%	57.9%	29.2%	15.9%	*0.0%

Mon - 04/04/2011																
East Whittier Elem Lunch FB	Total	100														
Pork Sausage Links	2 each	100	164	46	404	0.00	0.60	19.2	20	4	0.0	12.8	1.0	11.8	4.00	0.00
Pancake (USDA)	1 each	100	77	13	160	1.00	0.40	20.0	33	7	0.3	2.33	12.67	2.0	0.33	0.00
Syrup, 1 oz	1 each	100	80	0	0	0.00	0.00	0.0	0	0	0.0	0.0	21.0	0.0	0.00	0.00
Hash Brown Triangles	1 each	100	98	0	204	0.89	0.00	0.0	0	0	0.0	0.89	12.44	4.44	0.44	0.00
Ketchup Packet	1 each	100	10	0	80	0.00	0.00	0.0	0	0	0.0	0.0	2.0	0.0	0.00	0.00
Orange Juice, 4 oz (elem)	1 each	100	55	0	15	0.00	0.00	50.0	100	20	30.0	1.0	13.5	0.0	0.00	0.00
Chocolate Cereal Bar	1 each	100	150	0	140	3.00	0.36	0.0	0	0	0.0	2.0	26.0	4.5	1.00	0.00
Fresh Fruit Basket	1 each	100	89	0	1	3.74	0.25	9.4	63	7	7.78	0.75	23.47	0.27	0.06	*N/A*
Saltine Crackers	2 pkg	100	53	0	180	0.67	0.48	13.3	0	0	0.0	1.33	8.67	1.0	0.00	0.00
Milk - Variety (elem)	half pint	100	123	15	157	0.00	0.12	316.7	500	100	2.4	9.0	17.33	2.5	1.50	0.00
Weighted Daily Average			900	74	1341	9.30	2.21	428.6	716	137	40.48	30.10	138.08	26.52	7.34	*0.00
% of Calories												13.4%	61.4%	26.5%	7.3%	*0.0%

Tue - 04/05/2011																
East Whittier Elem Lunch FB	Total	100														
Cheese Quesadilla	1 each	100	390	60	560	2.00	1.80	450.0	500	100	1.2	19.0	28.0	23.0	13.00	0.00
Baby Carrots	3/8 cup	100	26	0	57	2.14	0.66	23.6	10164	1106	1.92	0.47	6.07	0.1	0.02	*N/A*
Banana	1 each	100	105	0	1	3.07	0.31	5.9	76	9	10.27	1.29	26.95	0.39	0.13	*N/A*
Cherry Turnover 3 oz	1 each	100	233	0	268	2.60	1.60	21.3	138	28	1.2	2.6	41.9	6.8	1.90	*N/A*
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	51	0	146	0.35	0.48	2.1	0	0	0.0	1.18	8.49	1.42	0.31	*N/A*
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			1013	75	1184	13.76	5.08	845.4	11438	1350	24.27	34.89	150.59	34.46	16.91	*0.00
% of Calories												13.8%	59.5%	30.6%	15.0%	*0.0%

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¹ - denotes optional nutrient values

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A Higher Level

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/06/2011																
East Whittier Elem Lunch FB	Total	100														
Chicken Fajita Strips	100 serving	100	118	73	300	0.00	0.33	0.0	0	0	0.0	14.56	1.82	6.37	1.82	0.00
Tortilla Bowl	1 each	100	110	0	0	0.00	0.00	0.0	0	0	0.0	1.0	14.0	5.0	0.00	0.00
Shredded Lettuce	1/4 cup	100	2	0	1	0.25	0.11	3.9	1023	31	2.82	0.14	0.39	0.04	0.00	*N/A*
Shredded Cheese	1/2 oz	100	57	15	88	0.00	0.10	102.2	142	39	0.0	3.53	0.18	4.7	2.99	*N/A*
Taco Sauce Packet	1 each	100	5	0	85	0.00	0.00	0.0	0	0	0.0	0.0	1.0	0.0	0.00	0.00
Peaches, canned	1/2 cup	100	68	0	6	1.63	0.45	3.8	444	44	3.01	0.56	18.26	0.04	0.00	*N/A*
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	53	0	180	0.67	0.48	13.3	0	0	0.0	1.33	8.67	1.0	0.00	0.00
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			621	103	812	6.14	1.70	465.6	2169	220	15.52	31.48	83.49	19.90	6.37	*0.00
% of Calories												20.3%	53.8%	28.8%	9.2%	*0.0%

Thu - 04/07/2011																
East Whittier Elem Lunch FB	Total	100														
Mandarin Orange Chicken	100 servings	100	337	50	437	0.29	2.18	4.0	100	20	0.0	14.35	45.86	8.22	1.06	*0.00
Green Beans, Frozen	1/4 cup	100	9	0	3	1.00	0.30	16.5	188	38	1.4	0.51	2.18	0.05	0.01	0.00
Pears, canned	1/2 cup	100	71	0	6	1.99	0.35	6.2	0	0	0.87	0.24	18.89	0.04	0.00	*N/A*
Fortune Cookie	1 each	100	18	0	0	0.00	0.00	0.0	0	0	0.0	0.0	4.04	0.16	0.00	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	51	0	146	0.35	0.48	2.1	0	0	0.0	1.18	8.49	1.42	0.31	*N/A*
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			694	65	744	7.23	3.54	371.3	848	164	11.96	26.62	118.62	12.65	2.94	*0.00
% of Calories												15.3%	68.4%	16.4%	3.8%	*0.0%

Fri - 04/08/2011																
East Whittier Elem Lunch FB	Total	100														
Bean & Cheese Burrito	1 each	100	390	15	1010	8.00	3.60	200.0	750	150	1.2	17.0	50.0	13.0	6.00	0.00
Taco Sauce Packet	1 each	100	5	0	85	0.00	0.00	0.0	0	0	0.0	0.0	1.0	0.0	0.00	0.00
Jicama Sticks	1/2 cup	100	37	0	206	1.14	0.44	7.2	7	1	0.36	1.92	5.93	0.65	0.31	*N/A*
Mixed Fruit	1/4 cup	100	34	0	4	0.61	0.18	3.6	124	13	1.15	0.24	9.03	0.04	0.01	*N/A*
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	53	0	180	0.67	0.48	13.3	0	0	0.0	1.33	8.67	1.0	0.00	0.00
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			728	30	1636	14.01	4.92	566.6	1441	270	12.39	30.85	113.80	17.45	7.88	*0.00
% of Calories												17.0%	62.5%	21.6%	9.7%	*0.0%

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/11/2011																
East Whittier Elem Lunch FB	Total	100														
Chicken Ring Things	serving/5	100	2	1	6	0.00	0.01	0.0	1	0	0.0	0.16	0.13	0.13	0.03	0.00
Cucumber Slices	1/4 cup	100	4	0	1	0.21	0.07	4.2	21	2	0.95	0.18	0.64	0.05	0.00	*N/A*
Pears, canned	1/2 cup	100	71	0	6	1.99	0.35	6.2	0	0	0.87	0.24	18.89	0.04	0.00	*N/A*
Animal Snackers	1 each	100	110	0	45	0.00	1.08	0.0	200	40	0.0	1.0	19.0	3.5	0.00	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	51	0	146	0.35	0.48	2.1	0	0	0.0	1.18	8.49	1.42	0.31	*N/A*
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			446	16	355	6.15	2.22	355.0	782	148	11.51	13.10	86.33	7.88	1.90	*0.00
% of Calories												11.8%	77.5%	15.9%	3.8%	*0.0%

Tue - 04/12/2011																
East Whittier Elem Lunch FB	Total	101														
Chili Cheese Dog	1 each	100	335	37	958	1.27	2.40	138.9	197	39	1.37	13.96	31.09	16.04	6.33	0.00
Green Beans	1/2 cup	100	14	0	140	1.20	0.60	18.0	294	14	3.2	0.78	3.04	0.06	0.02	0.00
Peach Cup	1 each	100	118	0	8	2.20	0.46	4.0	355	18	117.8	0.79	29.98	0.16	0.01	0.00
Apple Cinnamon Cereal Bar	1 each	100	140	0	110	3.00	0.36	0.0	0	0	0.0	2.0	27.0	3.0	0.50	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	53	0	180	0.67	0.48	13.3	0	0	0.0	1.33	8.67	1.0	0.00	0.00
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			859	52	1532	11.82	4.49	511.5	1392	176	130.75	28.92	137.58	22.79	8.33	*0.00
% of Calories												13.5%	64.1%	23.9%	8.7%	*0.0%

Wed - 04/13/2011																
East Whittier Elem Lunch FB	Total	100														
Turkey in Gravy	#8 scoop	100	143	51	673	0.00	0.73	20.4	102	22	1.22	16.32	5.1	6.12	2.04	0.00
Mashed Potatoes	#8 scoop	100	76	0	348	1.30	0.19	11.9	0	0	3.6	1.5	15.0	1.0	0.10	*0.30
Fresh Apple	1 each	100	77	0	1	3.58	0.18	8.9	80	7	6.85	0.39	20.58	0.25	0.04	*N/A*
Dinner Roll	1 each	100	170	0	370	1.00	2.70	60.0	0	0	0.0	6.0	31.0	2.0	0.00	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	51	0	146	0.35	0.48	2.1	0	0	0.0	1.18	8.49	1.42	0.31	*N/A*
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			725	66	1690	9.83	4.52	445.8	742	135	21.36	35.73	119.34	13.54	4.05	*0.30
% of Calories												19.7%	65.8%	16.8%	5.0%	*0.4%

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Thu - 04/14/2011																
East Whittier Elem Lunch FB	Total	100														
Hamburger	1 each	100	299	37	607	1.40	3.10	71.1	13	3	0.0	16.9	29.9	12.2	4.40	0.00
Ketchup Packet	1 each	100	10	0	80	0.00	0.00	0.0	0	0	0.0	0.0	2.0	0.0	0.00	0.00
Lettuce & Pickles	1/4 cup	100	6	0	248	0.25	0.11	18.9	1023	31	2.82	0.14	1.14	0.04	0.00	*0.00
Applesauce	1/2 cup	100	52	0	2	1.40	0.14	4.0	36	2	1.4	0.2	13.78	0.06	0.02	0.00
Holiday Cookie	1 each	100	140	5	182	0.31	0.00	0.0	0	0	0.0	1.54	19.0	6.6	2.33	0.00
Fresh Fruit Basket	1 each	100	89	0	1	3.74	0.25	9.4	63	7	7.78	0.75	23.47	0.27	0.06	*N/A*
Saltine Crackers	2 pkg	100	53	0	180	0.67	0.48	13.3	0	0	0.0	1.33	8.67	1.0	0.00	0.00
Milk - Variety (elem)	half pint	100	123	15	157	0.00	0.12	316.7	500	100	2.4	9.0	17.33	2.5	1.50	0.00
Weighted Daily Average			773	57	1457	7.77	4.20	433.4	1636	142	14.40	29.86	115.29	22.67	8.32	*0.00
% of Calories												15.5%	59.7%	26.4%	9.7%	*0.0%

Fri - 04/15/2011																
East Whittier Elem Lunch FB	Total	100														
Macaroni & Cheese	servng/6 oz	100	290	30	981	1.00	1.44	600.3	800	160	0.0	16.01	32.02	11.01	6.00	0.00
Carrot Coins	1/4 cup	100	14	0	148	1.11	0.32	19.1	7542	595	1.23	0.36	3.3	0.09	0.02	*N/A*
Mixed Fruit	1/2 cup	100	69	0	7	1.21	0.35	7.3	248	25	2.3	0.48	18.07	0.08	0.01	*N/A*
Chocolate Muffin	1 each	100	221	30	275	0.75	1.35	45.0	75	15	0.0	4.5	30.0	9.0	1.13	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	51	0	146	0.35	0.48	2.1	0	0	0.0	1.18	8.49	1.42	0.31	*N/A*
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			853	75	1708	8.02	4.18	1016.3	9226	901	13.21	32.88	131.05	24.35	9.02	*0.00
% of Calories												15.4%	61.4%	25.7%	9.5%	*0.0%

Mon - 04/25/2011																
East Whittier Elem Lunch FB	Total	100														
Corn Dog	1 each	100	228	32	715	1.00	1.20	17.0	0	0	0.0	8.8	25.2	10.2	2.50	0.00
Ketchup Packet	1 each	100	10	0	80	0.00	0.00	0.0	0	0	0.0	0.0	2.0	0.0	0.00	0.00
Mustard Packet	1 each	100	5	0	85	0.00	0.00	0.0	0	0	0.0	0.5	0.5	0.0	0.00	0.00
Tossed Green Salad (Winter)	1/2 cup	100	9	0	9	0.82	0.16	12.4	1003	161	8.44	0.43	2.1	0.05	0.01	*0.00
Ranch Dressing	1 FL OZ	100	51	6	266	0.00	0.01	17.8	5	1	0.15	0.51	0.73	4.63	0.83	*0.00
Applesauce	1/4 cup	100	26	0	1	0.70	0.07	2.0	18	1	0.7	0.1	6.89	0.03	0.01	0.00
Fresh Fruit Basket	1 each	100	89	0	1	3.74	0.25	9.4	63	7	7.78	0.75	23.47	0.27	0.06	*N/A*
Saltine Crackers	2 pkg	100	53	0	180	0.67	0.48	13.3	0	0	0.0	1.33	8.67	1.0	0.00	0.00
Milk - Variety (elem)	half pint	100	123	15	157	0.00	0.12	316.7	500	100	2.4	9.0	17.33	2.5	1.50	0.00
Weighted Daily Average			595	52	1494	6.93	2.29	388.6	1589	270	19.47	21.41	86.89	18.69	4.92	*0.00
% of Calories												14.4%	58.4%	28.3%	7.4%	*0.0%

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Tue - 04/26/2011																
East Whittier Elem Lunch FB	Total	100														
Grilled Ham & Cheese Sandwich	1 each	100	330	70	1170	1.00	2.70	200.0	500	100	0.0	19.0	31.0	14.0	7.00	0.00
Peaches, canned	1/2 cup	100	68	0	6	1.63	0.45	3.8	444	44	3.01	0.56	18.26	0.04	0.00	*N/A*
Green Beans	1/4 cup	100	7	0	70	0.60	0.30	9.0	147	7	1.6	0.39	1.52	0.03	0.01	0.00
Cinnamon Belly Bears	pkg	100	130	0	115	0.00	1.02	123.0	2	0	0.11	2.0	21.0	4.0	0.00	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	51	0	146	0.35	0.48	2.1	0	0	0.0	1.18	8.49	1.42	0.31	*N/A*
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			794	85	1659	7.18	5.19	680.3	1653	258	14.41	33.48	119.45	22.24	8.87	*0.00
% of Calories												16.9%	60.2%	25.2%	10.1%	*0.0%

Wed - 04/27/2011																
East Whittier Elem Lunch FB	Total	100														
Sunny Side Up Sandwich	1 each	100	260	120	770	2.00	3.60	200.0	300	60	1.2	15.0	31.0	9.0	4.00	0.00
Oven Fries (USDA)	1/2 cup	100	73	0	11	1.00	0.20	0.0	0	0	3.9	1.0	12.0	2.0	0.60	1.00
Ketchup Packet	1 each	100	5	0	65	0.00	0.00	0.0	0	0	0.0	0.0	2.0	0.0	0.00	0.00
Orange Juice, 4 oz (elem)	1 each	100	55	0	15	0.00	0.00	50.0	100	20	30.0	1.0	13.5	0.0	0.00	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	51	0	146	0.35	0.48	2.1	0	0	0.0	1.18	8.49	1.42	0.31	*N/A*
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			652	135	1159	6.95	4.51	594.6	960	186	44.78	28.53	106.17	15.17	6.46	*1.00
% of Calories												17.5%	65.2%	20.9%	8.9%	*1.4%

Thu - 04/28/2011																
East Whittier Elem Lunch FB	Total	100														
Turkey Chili	#10 scoop	100	132	61	438	0.00	1.83	61.1	764	153	3.67	15.28	6.11	5.09	1.53	0.00
Corn, canned	1/2 cup	100	66	0	244	1.56	0.59	4.1	37	13	0.57	2.16	15.42	0.76	0.14	*N/A*
Pears, canned	1/4 cup	100	35	0	3	1.00	0.17	3.1	0	0	0.44	0.12	9.44	0.02	0.00	*N/A*
Cornbread	servings	100	194	9	531	0.70	1.08	37.9	35	9	0.17	3.77	26.36	8.16	1.21	*0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	51	0	146	0.35	0.48	2.1	0	0	0.0	1.18	8.49	1.42	0.31	*N/A*
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			687	85	1514	7.21	4.39	450.8	1396	281	14.53	32.86	105.00	18.20	4.74	*0.00
% of Calories												19.1%	61.1%	23.8%	6.2%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

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A Higher Level

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/29/2011																
East Whittier Elem Lunch FB	Total	100														
Chicken Sandwich	1 each	100	390	65	800	1.00	2.88	80.0	100	20	1.2	22.0	41.0	15.5	3.00	0.00
Ketchup Packet	1 each	100	10	0	80	0.00	0.00	0.0	0	0	0.0	0.0	2.0	0.0	0.00	0.00
Lettuce & Pickles	1/4 cup	100	6	0	248	0.25	0.11	18.9	1023	31	2.82	0.14	1.14	0.04	0.00	*0.00
Carrot Coins	1/2 cup	100	28	0	295	2.21	0.64	38.1	15085	1189	2.46	0.71	6.61	0.17	0.03	*N/A*
Shape Up	1 each	100	80	0	15	0.00	0.01	66.6	2	0	70.73	0.0	21.0	0.0	0.00	0.00
Fresh Fruit Basket	1 each	100	84	0	1	3.60	0.23	9.1	60	6	7.29	0.68	22.18	0.25	0.06	*N/A*
Saltine Crackers	2 pkg	100	53	0	180	0.67	0.48	13.3	0	0	0.0	1.33	8.67	1.0	0.00	0.00
Birthday Cookie	1 each	100	111	0	76	1.55	0.50	3.9	8	2	0.01	1.85	16.19	4.31	0.83	0.00
Milk - Variety (elem)	half pint	100	123	15	150	0.00	0.00	333.3	500	100	2.4	9.67	17.0	2.5	1.50	0.00
Weighted Daily Average			886	80	1846	9.27	4.85	563.3	16778	1348	86.91	36.39	135.77	23.77	5.42	*0.00
% of Calories												16.4%	61.3%	24.1%	5.5%	*0.0%
Weighted Average			750	71	1345	8.74	3.87	552.9	3391	391	33.75	29.87	116.18	20.33	7.32	*0.08
												15.9%	62.0%	24.4%	8.8%	*0.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	750		664	113%			
Cholesterol (mg)	71						
Sodium (mg)	1345						
Fiber (g)	8.74						
Iron (mg)	3.87		3.50	110%			
Calcium (mg)	552.9		286.00	193%			
Vitamin A (IU)	3391		1120	303%			
Vitamin A (RE)	391		224	174%			
Vitamin C (mg)	33.75		15.00	225%			
Protein (g)	29.87	15.94%	10.00	299%			
Carbohydrate (g)	116.18	61.99%					
Total Fat (g)	20.33	24.40%	<=30.00%				
Saturated Fat (g)	7.32	8.78%	<10.00%				
Trans Fat (g)	0.08	0.10%			Missing		

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1 - denotes optional nutrient values

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