

A Higher Level

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Jun 1, 2011 thru Jun 17, 2011 Spreadsheet - Portion Values
East Whittier Elem Brkfast EFB

May 18, 2011

	Portion Size	Carb (g)
Wed - 06/01/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Cereal Bar with String Cheese	serving	38.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		71.76
% of Calories		62.6%

Thu - 06/02/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Pancake & Sausage on a Stick	1 each	25.5
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		65.51
% of Calories		69.4%

Fri - 06/03/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Tac-Go	1 each	14.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		59.76
% of Calories		64.9%

Mon - 06/06/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Bagel with Cream Cheese	1 each	41.05
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		73.29
% of Calories		71.0%

Tue - 06/07/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Cinnamon Roll	1 each	45.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		75.26
% of Calories		75.1%

Wed - 06/08/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Cereal Bar with String Cheese	serving	38.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		71.76
% of Calories		62.6%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

1 - denotes optional nutrient values

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East Whittier Elem Brkfast EFB

May 18, 2011

	Portion Size	Carb (g)
Thu - 06/09/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Breakfast Quesadilla	1 each	15.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		60.26
% of Calories		63.7%

Fri - 06/10/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Cheese Omelet	1 each	1.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		53.26
% of Calories		63.9%

Mon - 06/13/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Bagel with Cream Cheese	1 each	41.05
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		73.29
% of Calories		71.0%

Tue - 06/14/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Cinnamon Roll	1 each	45.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		75.26
% of Calories		75.1%

Wed - 06/15/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Cereal Bar with String Cheese	serving	38.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		71.76
% of Calories		62.6%

Thu - 06/16/2011		
East Whittier Elem Brkfast EF	Total	
Assorted Cereal	1 each	42.52
Cheese Omelet	1 each	1.0
Assorted Juice (elem)	1 each	14.17
Milk - Variety (elem)	half pint	17.33
Weighted Daily Average		53.26
% of Calories		63.9%

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May 18, 2011

	Portion Size	Carb (g)
Weighted Average		67.04 67.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Carbohydrate (g)	67.04	67.14%					

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¹ - denotes optional nutrient values

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