

ADAMS MIDDLE SCHOOL A-LA-CARTE ITEMS

SNACKS



DRINKS



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|---------------------------|--------|
| Cereal Bar (whole grain) | \$0.75 |
| Cheese Stick (low fat) | \$0.75 |
| Chocolate Chip Cookie | \$0.75 |
| Corn Nuts | \$0.75 |
| Gold Fish | \$0.75 |
| Fresh Whole Fruit | \$0.75 |
| Nature Valley Granola Bar | \$1.00 |
| Nutri Grain Bar | \$1.00 |
| Brownies(low fat) | \$1.00 |
| Pretzels | \$1.00 |
| Chips (baked) | \$1.00 |
| Kettle Corn | \$1.00 |
| Pop Tart (whole grain) | \$1.00 |
| Kashi bar | \$1.00 |
| Rice Krispy Treat | \$1.00 |
| Pirates Booty | \$1.50 |
| Pita Chips | \$1.50 |
| Pop Chips | \$1.50 |
| Odwalla Bar | \$1.50 |

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|------------------------------|--------|
| Milk (white low fat) | \$0.75 |
| Milk (chocolate low fat) | \$0.75 |
| Juice | \$0.75 |
| Bottled Water | \$1.00 |
| Gatorade (regular) | \$1.50 |
| Powerade | \$1.50 |
| Olade Natural Fruit Beverage | \$2.00 |
| Odwalla Fruit Smoothie | \$3.00 |